



AFLAR Scientific Conference 2023



VENUE: Radisson Blu Hotel, Upper Hill, Nairobi Kenya / Virtual Platform

DATES: 22nd - 25th Feb 2023 (22nd - Pre-conference Symposium)

THEME: RHEUMATOLOGY IN AFRICA: A NEW DAWN

Table of Contents

Sponsors and Exhibitors	04
AFLAR Chair Welcome Address	05
ARSK Chair & AFLAR Organizing Committee Speech	06
Speakers Biographies	07
AFLAR Pre-Conference Program	19
AFLAR Conference Program	20
Organising Committee Biographies	27
Notes	31



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Theme: Rheumatology in Africa: A new Dawn

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AFLAR Chair Welcome Address



On behalf on the AFLAR Executive Committee, it is an honour and a privilege for me to welcome you to the 10th International Congress of the African League of Associations for Rheumatology (AFLAR). Nairobi, Kenya is an ideal venue since it offers wonderful hospitality and technology for a successful Congress in 2023. There are also outdoor activities which are offered in this wonderful city and country for delegates to enjoy. The pandemic had limited physical contact for the last 2 years, but we are pleased that the face-to-face meetings are once again possible. I wish to bid a special welcome to our overseas visitors and delegates from other parts of the continent and wish to thank them for their support of AFLAR. I wish to say a special thanks to the organising committee for the excellent registration process and for the selection of a superb venue and overseas speakers for this Congress. The Scientific Committee has similarly drawn up an exciting programme of plenary talks and research presentations by eminent rheumatologists from across the continent and around the world, making this a truly international meeting. We trust that you will enjoy the Scientific and Social Programme that we have put together and that you will have a memorable AFLAR Congress 2023 in Nairobi, Kenya.

Professor Asgar Ali Kalla

President of AFLAR 2019 – 2023



ARSK Chair & AFLAR Organizing Committee Chairman's Speech



On behalf of the organizing committee, it is my great pleasure and honor to welcome you to join the 10th African Congress of Rheumatology (AFLAR-2023), which is taking place in Nairobi, Kenya on February 22-25, 2023.

In view of your outstanding contributions in this field, we cordially welcome you to make a presentation regarding your recent work in rheumatology.

Initiated from 1992, The Africa League of Associations for rheumatology (AFLAR) has attracted participants from over 50 countries and regions in the previous conferences.

The 10th AFLAR-2023 plans to shoot for 200+ participants in the rheumatology and immunology industry, rheumatology practitioners and academia to provide unique insights into advances in breakthrough science and technology for future healthcare from 30+ countries. It plays a pivotal role in promoting scientific knowledge and ideas in the field of

rheumatology not only in the African continent but also worldwide.

The three day conference will provide a platform for attendees to share and exchange information on the latest progresses and highest standards of practices in the field of rheumatology.

Furthermore, you will benefit from the professional networking and potential collaboration through social activities.

Please also take time to enjoy the warm hospitality of the Kenyan people, the rich and diverse cuisines and the beautiful attractions that the country offers.

Karibu Kenya.

Omondi Oyoo FACR, FRCPE, FCP

Chairman, AFLAR - 2023 Conference Committee
& President, ArthRheuma Society of Kenya
-ARSK



Speakers Biographies



Professor Asgar Ali Kalla

President of AFLAR 2019 – 2023.

Professor Asgar Ali Kalla graduated from the University of Cape Town (UCT), South Africa in 1975. He completed his training as a general physician at Chris Hani Baragwanath Hospital, Soweto, South Africa in 1979. He completed his training as a rheumatologist at the University of Cape Town in 1985. He subsequently completed his doctorate (MD) at the University of Cape Town in 1989 on Osteoporosis in Rheumatoid Arthritis. He has been Professor of Rheumatology at the University of Cape Town from 2001 until his retirement in December 2017. He is currently Professor Emeritus in the Department of Medicine, University of Cape Town, Cape Town, South Africa. He has trained over 1,000 general physicians in Rheumatology rotations over the years. Many of the rheumatologists in South Africa and other parts of Africa have been trained under his supervision. He has visited rheumatology units at several South African universities and lectured to medical residents in South Africa, Uganda, Ethiopia and Kenya. He has had a long interest in Lupus research, mainly around the effects of corticosteroids on bone mineral density. Professor Kalla represented the African continent in the study on global health issues in Rheumatology, with Dr A Briggs from Canada. Professor Kalla has pioneered a number of initiatives within AFLAR and has played a key role in several publications of research from AFLAR in the last 3 years. His research interests span a wide range of subjects including RA, SLE, osteoporosis, and Gout. He served on the Executive of ILAR for the last 3 years and is currently President of AFLAR. He co-ordinated a number of AFLAR and ILAR related events. Professor Kalla is the current Chief-Editor of the AFLAR Journal of Rheumatology. He has been instrumental in the development of a series of sub-committees within AFLAR, including the Lupus Interest Group, and continues to enhance the development of Rheumatology as a vibrant subspecialty of Internal Medicine within South Africa and on the continent of Africa.



Speakers Biographies



Professor Anthony D Woolf, FRCP

Consultant Rheumatologist

Director, Bone and Joint Research Group, Royal Cornwall Hospital, Truro, UK

Professor Anthony Woolf is a consultant rheumatologist and Director, of the Bone and Joint Research Group, Royal Cornwall Hospital, Truro, UK, and has held honorary chairs in Rheumatology at the University of Exeter Medical School, Plymouth University Peninsula Schools of Medicine and Dentistry, and visiting Professor in Musculoskeletal Science, Faculty of Medicine, Lund University, Sweden. He was Clinical Director, National Institute of Health Research (NIHR) Clinical Research Network South West Peninsula until 2019 with responsibility of delivering clinical research across the southwest health system.

Dr. Woolf has past and present leading positions within various national, European and International organisations – Chair Bone and Joint Decade Foundation; Co- Chair and founder member of the Global Alliance for Musculoskeletal Health; past member of European League Against EULAR Executive Committee as chair of the Education and Training Standing Committee and International Liaison Officer; past President UEMS / European Board of Rheumatology; and Past Chair, Arthritis and Musculoskeletal Alliance UK. He edited Best Practice and Research Clinical Rheumatology for over 20 years and has served on the editorial boards of several other journals. He has published over 200 peer review papers, 81 editorials and reviews, 61 chapters and written or edited 28 books and reports.

He works with and advises policymakers in the European Commission and WHO on musculoskeletal health issues, in particular disability, ageing, noncommunicable diseases and health in the workplace. He works with NHS England, Public Health England and Department of Work and Pensions to ensure musculoskeletal health is in all policies – health, social and employment. He advised WHO Europe on including musculoskeletal health in the Noncommunicable Disease Action Plan 2016 – 2026 and WHO Geneva on the World Report on Ageing and Health. He is currently working with policy makers and employers in England and Europe, including advising the European Agency for Safety and Health at Work, to reduce the impact that musculoskeletal conditions have on people's ability to work and in an ageing population.



Speakers Biographies

Professor Girish M. Mody



Born in Durban and a graduate of the University of KwaZulu-Natal, in Durban, South Africa

He was appointed as the first Aaron Beare Family Professor of Rheumatology at the University in October 1992 and served as Head of the Department until his retirement in December 2021. He served as President of the South African Rheumatism and Arthritis Association (1990-1992), President of AFLAR (1999-2003) and member of the exco of ILAR from 1995 to 2003. He developed a centre of excellence for rheumatology training in Durban and over 20 doctors from Nigeria, Kenya, Sudan and Ethiopia have obtained part of their training in Durban.

He was honoured by the ACR in 2015 when he became the first AFRICAN RHEUMATOLOGIST to be elected as a Fellow of the ACR.

Ida Dzifa Dey



MBChB, FWACP, FGCPs, MSC, SCE-RCP(Rheum), FACR, FRCP

Senior Lecturer: University of Ghana Medical School

Head of Rheumatology Unit: Korle bu Teaching Hospital

Training and Research Lead: Department of Medicine, Korle bu Teaching Hospital, Ghana

General Secretary: African League against Rheumatism AFLAR

Founder and Director: The Rheumatology Initiative, tRi

Dr Dzifa Dey graduated from University of Ghana Medical School and completed her fellowship training in Internal Medicine for the West African and Ghana Colleges of Physicians and Surgeons.

She completed her Rheumatology and Clinical Research training in Rheumatology at University College London Hospitals, London under the mentorship and tutelage of Prof David Isenberg and a Masters in Rheumatology at Kings College, London. She was a Research Fellow of the Cardiovascular Research Training Institute (CaRT) -New York University/ NIH program and pursuing a Masters in Medical education. She is currently



Speakers Biographies

a Senior Lecturer at University of Ghana Medical School, Consultant Rheumatologist and Head of Rheumatology at the Korle- bu Teaching Hospital Ghana.

Her career has been dedicated to developing rheumatology in Ghana and across Africa as the pioneer rheumatologist who set up the first clinic in 2009 and serving as the Secretary General of the African League against Rheumatism. She also serves on several international committees. She has been recognised in Ghana as a Hero of Change 2018(MTN), and achievements by the Royal College of Physicians, London for International Women's Day and won the first Distinguished International Health Professional Award from the American College of Rheumatology ACR in 2021.



Dr. Douglas White

Douglas White, MD, PhD earned his MD and PhD degrees from the University of Iowa, followed by residency training in Internal Medicine at Parkland Hospital (UT-Southwestern) and fellowship training in rheumatology at Barnes-Jewish Hospital (Washington University in St. Louis) all in the United States.

In 2009 he became the Chair of Rheumatology at Gundersen Health System in La Crosse, Wisconsin where he also served as head of the Rheumatology Research lab from 2009-2021. He is Clinical Adjunct Assistant Professor in the Department of Medicine at the University of Wisconsin School of Medicine and Public Health and President of the American College of Rheumatology where he has served in a number of roles since 2011. He serves on the board of directors of the Local Lupus Alliance in La Crosse, WI.



Maranda van Dam: Chairman and director, Axial Spondyloarthritis Association of South Africa

Chairman and director, Axial Spondyloarthritis Association of South Africa. Winner of EULAR/PARE Best Practice in Brussels in 2022. Board Member on ASIF International that represents 46 countries in total.

Between 2021 and 2022 trained 350 physiotherapists, 180 optometrists and 120 General Practitioners with the focus on AxSpA and early diagnosis and prevention of the Delay in Diagnosis.

Student at the Eular PARE School of Learning: Patient Research Partner.



Speakers Biographies



Dr Tasnim Bana

Dr Tasnim Bana is a specialist physician and PhD research fellow at the University of Cape Town. Her research is related to characterising cardiovascular involvement in systemic lupus erythematosus using multimodal imaging with a focus on cardiovascular magnetic resonance.

She is also investigating plasma cardiovascular biomarkers and proteomic signatures associated with cardiovascular disease in SLE, to determine underlying pathophysiological mechanisms.



Dr. Mary Agun-Ebreme

Dr Mary Agun-Ebreme is a consultant Rheumatologist in the Dept of internal medicine, University of Benin Teaching Hospital, Benin City, Edo state. It's a tertiary hospital in the south- south geopolitical zone of Nigeria, West Africa.



Dr. KAVULANI MUTISO

MB ChB; FRCR (UK); MSc Med Ed

Dr Kavulani Mutiso currently holds the position of Assistant Professor and Section Head of Musculoskeletal Imaging at the Aga Khan University Hospital, Nairobi. Having completed her formative Medical training in the United Kingdom, Dr Mutiso specialized in Radiology at Kings College Hospital including subspecialty training in Musculoskeletal radiology. On completion of subspecialty training, Dr Mutiso returned to Kenya to practice at the Aga Khan University Hospital in Nairobi in 2013.

Dr Mutiso is passionate about Musculoskeletal imaging and advancing the science in the region where expertise is limited. More recently she was awarded membership of the International Skeletal Society in recognition for her collaborations with the Sub-Saharan Outreach committee of the Society. She also holds a Masters in Medical Education and has given talks and presented in several regional and International Radiology conferences plus published in peer reviewed journals.



Speakers Biographies



Dr. Farhanah Paruk

Dr Paruk is a physician and rheumatologist and Head of the Clinical unit of Inkosi Albert Luthuli hospital and the Academic Head of the Department of Rheumatology of University of KwaZulu Natal. Her research interest lies in osteoporosis and the epidemiology of rheumatic diseases. She is also involved in improving under and post graduate medical education.



Madeleine Ngandeu

Consultant and professor of rheumatologist

Coordinator of specialization cycle Internal medicine and specialties. Head of internal medicine and specialties departement (newly appointed) Faculty of Medicine and Biomedical Sciences, The University of Yaoundé Head of rheumatology unit, Yaoundé central hospital (Adult and pediatric rheumatology) Founding president of the Cameroon College of Rheumatology

Member of PAFLAR Executive committee. Member of AFLAR Executive committee .International member of « Société Française de Rhumatologie »



Professor Olufemi Oladipo Adelowo

Dr Olufemi Oladipo Adelowo is a Professor of Medicine and Consultant Rheumatologist at both Lagos State University Teaching Hospital and Lagos University Teaching Hospital. He had his medical education at the University of Ibadan Medical School, 1968 – 1973, graduating MBBS in 1973. He became Fellow National Postgraduate Medical College of Nigeria(FMCP) in Rheumatology in 1982 becoming the first to train in West Africa.

He is a recipient of one of the highest and prestigious awards worldwide in the rheumatology specialty, Master of the American College of Rheumatology, MACR. He also has MD of the National Postgraduate Medical College of Nigeria, as well as Fellowship of the Academy of Medical specialties of Nigeria FAMedS.

He is the immediate past president of AFLAR.

His research interests include SLE, rheumatoid arthritis and osteoarthritis



Speakers Biographies



Dr. Newnex Mongare

Internal Medicine Resident at the Aga Khan University Hospital, Nairobi”



Dr. Debashish Danda

(JIPMER, Puducherry, India), MD (General Medicine), DM (Clinical Immunology & Rheumatology), FRCP (London)

Advanced training in Rheumatology (Royal Adelaide hospital & The Queen Elizabeth Hospital, University of Adelaide, Australia) .Past Editor in Chief, International Journal of Rheumatic Diseases (Formerly APLAR journal of Rheumatology) [2012-2018] .Past President , Indian Rheumatology Association [2017-2019]

Immediate past Chair, ILAR [2022]

President, Asia Pacific League of Associations for Rheumatology (APLAR) [2021-2023] Convenor, APLAR vasculitis special interest group & IRAVAS (Indian Rheumatology Association vasculitis special interest group)

PUBLICATIONS: 271



Dr. Jeremiah K. Munguti

A lecturer at the Department of Human Anatomy and Medical Physiology - University of Nairobi and a Senior House Officer in Internal medicine based at KNH. Qualifications: BSc (Human Anatomy), MBChB, MSc (Human Anatomy) and MMED Internal Medicine (completing in July 2023) - All from the University of Nairobi.



Speakers Biographies



Ricardo M. Xavier

Ricardo M. Xavier graduated from Medical School at Universidade Federal do Rio Grande do Sul, Porto Alegre/Brazil, where he currently has a faculty position as a Professor of Medicine. He has a doctorate degree in Immunology from the Shimane Medical University, Japan, where he studied regulatory T cells and cytokines. Dr. Xavier has actively contributed to the development of Rheumatology in Brazil, having worked on several committees, chaired the scientific commissions of two Brazilian Rheumatology Congresses and of the 2018 PANLAR Congress, being editor of the Brazilian Journal of Rheumatology (now “Advances in Rheumatology”), and was president of the Brazilian Rheumatology Association during the biennium 2020-2022. Is also a member of the Executive Committee of PANLAR.



TSUTOMU TAKEUCHI, M.D., Ph.D.

Vice President of Saitama Medical University (April 1,2022~present)

Emeritus Professor, Keio University (April 1,2021~present)

Specially appointed professor of Saitama Medical University (April 1, 2022~present)

Specially appointed professor of Keio University School of Medicine (August 1, 2021~present)



Professor Adewale Adebajo

Professor Adewale Adebajo hails from Nigeria and currently works in the United Kingdom. He is a Consultant Rheumatologist in South Yorkshire and a Professor of Rheumatology and Health Services Research in the Faculty of Medicine, Dentistry and Health, University of Sheffield. He is the Deputy Editor for the Clinical Rheumatology journal and sits on several editorial boards. He has a special interest in psoriatic arthritis. He is a member of many international organisations, including the International Group for Research and Assessment of Psoriasis and Psoriatic Arthritis (GRAPPA) and the International Outcomes in Rheumatology Group (OMERACT).

In 2016 Professor Adebajo was awarded the Honorary Fellowship of the British Society for Rheumatology and in 2020 he was awarded an MBE by Her Majesty the Queen of England.



Speakers Biographies



David R. Karp, MD, PhD

Dr. David Karp is a Distinguished Teaching Professor and Chief of the Rheumatic Diseases Division at the University of Texas Southwestern Medical Center in Dallas, TX, where he holds the Harold C. Simmons Chair in Arthritis Research and the Fredye Factor Chair in Rheumatoid Arthritis Research. Dr. Karp's recent investigation has focused on markers that predict development of disease in people at risk for lupus, as well as the direction of a major clinical trial to prevent lupus in such individuals.

Dr. Karp has published over 100 research articles on rheumatology and immunology. He serves on the steering committee of the Lupus Clinical Investigator Network. Dr. Karp has been President of both the American College of Rheumatology and the Rheumatology Research Foundation.



Mbuyi-Muamba Jean-Marie

I am Mbuyi-Muamba Jean-Marie, born 3rd November 1943 in DR Congo. MD (National University of Congo), Internist -Rheumatologist and PhD (Louvain-Leuven Belgium)

Professor emeritus of Rheumatology, University of Kinshasa.

First President-Elect of Aflar



Dr. Kenneth Saag

Kenneth Saag received his MD degree from Northwestern University in 1986, did residency and a Chief Resident Year at Northwestern affiliated Evanston Hospital and completed his fellowship in Rheumatology at the University of Iowa, where he also earned an MS degree in Epidemiology.

He is currently the Water's Endowed Professor and Director of clinical immunology and rheumatology at the University of Alabama at Birmingham (UAB). He is also the director of two UAB research centers: the Comprehensive Arthritis, Musculoskeletal, Bone, and Autoimmunity Center (CAMBAC) and the Center of Research Translation (CoRT) in Gout and Hyperuricemia.



Speakers Biographies



Dr. Eunice Omondi RN, PhD

Dr. Omondi is a lecturer in the department of nursing sciences, University of Nairobi. She studied Advanced Nursing at the University of Nairobi and completed BSc, MSc. and PhD in Nursing at The University of Manchester, UK. Dr Omondi has held both clinical and educational positions in medical/surgical nursing in various institutions. She is the current chair of postgraduate studies in the department. She is currently involved in nursing education and nursing research in the medical/surgical unit at both undergraduate and postgraduate levels; and is actively involved in supervising undergraduate and postgraduate students.



Prof Riette du Toit

Head, Division of Rheumatology, Department of Medicine, Faculty of Medicine and Health Sciences Tygerberg Hospital and Stellenbosch University, South Africa.

I am a qualified rheumatologist and Head of the Division of Rheumatology at Tygerberg Academic Hospital and Stellenbosch University where I completed both my under and post graduate studies.

I completed my PhD on myocardial injury in systemic lupus erythematosus in December 2020. I serve on the AFLAR research committee where I share in the vision of improving rheumatological services and expand the rheumatology research capacity and output across the African continent.



Prof. Mohamed Tickly

Mohammed Tikly did his undergraduate training at the University of the Witwatersrand and Rheumatology training at Edinburgh University in late 80's/early 90s. His special interests are the genetics and clinical outcomes of common rheumatic diseases in Africa.

AWARDS

John Milne Teaching and Service Award

Faculty of Health Sciences, University of the Witwatersrand

Award to senior staff member in the Department of Internal Medicine for outstanding contribution to teaching and service in the Department



Speakers Biographies



Dr. Said Awadh Salim

Dr. Said Awadh Salim. Final year internal medicine resident at the University of Nairobi and aspiring physician with a keen interest and passion in Rheumatology.



Mbuyi Wa Mbuyi Jenny

I work as a rheumatologist since 2022 at Kinshasa University Clinics. My field of work is autoimmune diseases with a particular interest in the role of environmental factors on autoantibody production.



Dr. Suleiman Dino

I am a final-year resident in Internal Medicine at the University of Nairobi with ten years of working experience. I have spent the last five working at the Critical Care Unit at the Nairobi Hospital.



AbdulAziz Hassanali Mithwani

MBChB (UoN 2013)

Internal Medicine Registrar, University of Nairobi. October 2018 - present.

Kenya Medical Practitioners and Dentists Board- May 2015 Registration Number A9654 –

Education Commission for Foreign Medical Graduates (ECFMG) certificate No. 09888736



Speakers Biographies



Aldo Mavinga Nzita

Skills and qualifications

2019: Specialist in internal medicine/ Rheumatology in the faculty of medicine of the university of Kinshasa in DRC.

2014: Assistant in the department of internal medicine of universal clinics in Kinshasa.

2013: Medical Doctor in the faculty of medicine in the university of Kinshasa.

2003: State diploma (Baccalaureate) in chemical biology at the Notre Dame college of Congo.

1998: Certificate of primary studies at complex school of joyful fairies.



Lawrence Owino Okong'o

Qualifications: MBChB; MMed (University of Nairobi); Mphil. (Paediatric Rheumatology, University of Cape Town); Cert. Paed Rheum (Fellow, CMSA).

Designation: Lecturer and Paediatrician, Paediatric Rheumatologist.

Institute / Hospital / Clinic: University of Nairobi.

Areas of Interest: Paediatric Rheumatologist and Vaccinology

Positions held: Lecturer, Department of Paediatrics and Child Health, University of Nairobi. National Chairman, Kenya Paediatrics Association.



Alok P Iyer

4th year Post graduate resident

Department of Medicine

AKUHN



AFLAR Pre-Conference Program

CLINICAL SKILLS TRAINING
VENUE: AGA KHAN UNIVERSITY CENTER
DATE: 22/02/2023

TIMING	TOPIC	FACILITATOR	VENUE
1200hrs – 1300hrs	HISTORY OF RMDS	Prof Tony Woolf/ Prof Girish Mody	Lecture theatre
1300hrs – 1400hrs	Lunch		
1400 hrs– 1500hrs	Examination Of Upper Limbs	Prof Asgar Kalla/Prof Femi Adelowo	Skills Lab
1500 hrs- 1600hrs	Examination Of Lower Limbs And Spine	Prof Tony Woolf/ Prof Girish Mody	Skills Lab
1600 hrs -1645 hrs	Joint Injection Workshop	Prof Tony Woolf	Skills Labs
1645hrs – 1700hrs	Tea and departure		

AFLAR Conference Program

TIMING		TOPIC	PRESENTER
February 22nd 2023			
0800hrs - 1700hrs	Arrival and Registration of Delegates - MMS		
Pre-Conference			
1200hrs – 1700hrs	Clinical Skills Workshop Aga Khan University		Profs. Anthony Woolf/ Asgar Ali Kalla/Femi Adelowo/ Girish Mody

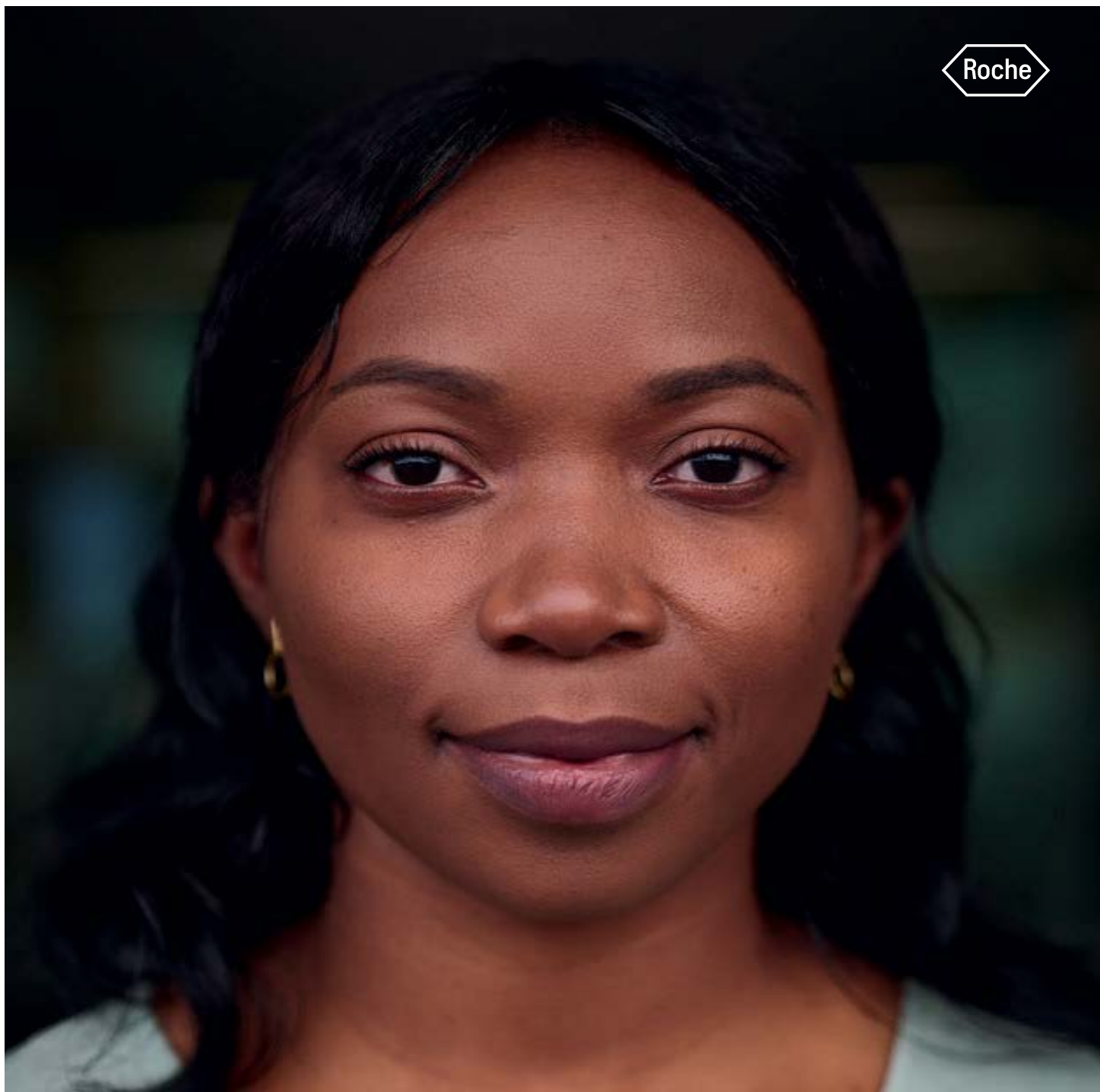


Theme: Rheumatology in Africa: A new Dawn

AFLAR Conference Program

DAY 1 - February 23rd 2023

TIMING	TOPIC	PRESENTER
Plenary New Frontiers Session Chairs - Prof Asgar Ali Kalla/ Dr Eugene Genga		
0800hrs - 0820hrs	Newer Drugs And Guidelines For SLE-Applicability In Resource Limited Countries	Dr Dzifa Dey
0820hrs - 0840hrs	Rheumatological Manifestations Of Sickle Cell Disease	Prof Mbuyi Mwamba
0840hrs - 0900hrs	Inflammatory Arthritis In Patients With HIV Infection	Prof Girish Mody
0900hrs - 0920hrs	Management Of Multi-System Inflammatory Syndrome Associated With COVID-19 In Low-Middle Income Countries-The Kenyan Experience	Dr Angela Migowa
0920hrs - 0940hrs	The New GRAPPA 2022 Treatment Recommendations For Psoriatic Arthritis	Prof Adewale Adebajo
0940hrs - 1000hrs	Discussion	Session Chair/all Presenters
1000hrs - 1030hrs	Tea Break/Exhibition/Posters	
Opening Ceremony/Keynote Speeches Session Chairs - Prof Omondi Oyoo/Dr Beryl Ganda		
1030hrs - 1200hrs	ARSK President AFLARPresident Chief Guest	Prof. Omondi Oyoo Prof. Asgar Ali Kalla Dr Patrick Amoth – Director General, Ministry of Health
1200hrs - 1300hrs	The Global Burden Of RMDs: How Should The Rheumatology Community Respond?	Prof Antony Woolf
1300hrs - 1400hrs	Lunch	
Plenary Session Chairs - Prof Girish Mody/ Dr Sophia Dokwe		
1400hrs – 1420hrs	Achieving Remission In Rheumatoid Arthritis In Africa: Reality Or Pipe Dream	Prof Asgar Kalla



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AFLAR Conference Program

TIMING	TOPIC	PRESENTER
1420hrs – 1440hrs	Rituximab In Rheumatoid Arthritis: A Consensus	Dr Fred Otieno
1440hrs - 1500hrs	The Spectrum Of JIA At A Tertiary Teaching University Hospital	Dr Lawrence Owino Okongo
1500hrs –1520hrs	Sarcopenia in Rheumatic Diseases	Dr. Ricardo Xavier
1520hrs –1540hrs	Clinical And Translational Research For RA~Similarities And Differences Among Western World And Asia	Prof Tsutomu Takeuchi
1540hrs – 1600hrs	Discussion	Session Chair/All Presenters
1600hrs -1700hrs	AFLAR AGM	All
1700hrs -1730hrs	AFLAR Standing Committee meeting	
1730hrs - 1900hrs	Social Event Cocktail	All

NB:
ORANGE - VIRTUAL PRESENTATION



AFLAR Conference Program

DAY 2 - February 24th 2023

TIMING	TOPIC	PRESENTER
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Plenary

Session Chairs - Prof Femi Adelowo/Dr Naomi Mumo

0800hrs - 0820hrs	SLE And Infection- Experience In Africa	Prof Girish Mody
0820hrs - 0840hrs	Impact Of Living With Lupus As Perceived By Patients And Their Self- Management Strategies	Dr Eunice Omondi
0840hrs - 0900hrs	Undifferentiated Connective Tissue Disease	Dr Phillip Simani
0900hrs - 0920hrs	Identification Of Novel Autoantibody Biomarkers In Systemic Lupus Erythematosus Using Microarray Immunoproteomics	Dr. Tasnim M. Bana
0920hrs - 0940hrs	Lupus Myocarditis: Diagnostic Challenges And Developments With Practical Diagnostic Approach	Prof Riette Du Toit
0940hrs - 1000hrs	Discussion	Session Chair/all Presenters
1000hrs - 1030hrs	Tea Break/Exhibition/Posters	

ORIGINAL ABSTRACTS

Session Chairs- Prof Adewale Adebajo/ Prof Madelaine Ngendeu

1030hrs- 1045hrs	Disease Activity And Adherence To Disease Modifying Anti Rheumatic Drugs Among RA Patients The KNH Rheumatology Clinic	Dr Abdulaziz H Mithwani
1045hrs - 1100hrs	Pain Control In Knee Osteoarthritis	Dr Suleiman Dino
1100hrs - 1115hrs	Metabolic Syndrome In Rheumatoid Arthritis Patients: Prevalence And Risk Factors	Dr Jeremiah Munguti
1115hrs - 1130hrs	Prevalence And Impact Of Fibromyalgia In Patients With SLE	Dr Awadh Salim Said
1130hrs -1145hrs	Unusual Presentation Of Multisystemic Inflammatory Syndrome- Case Report	Dr Newnex Mongare



AFLAR Conference Program

TIMING	TOPIC	PRESENTER
1145hrs – 1200hrs	Epidemiological And Clinical Profile Of Fibromyalgia At The University Hospital Of Kinshasa.	Dr Aldo Mavinga
1200hrs – 1215hrs	Challenges In The Diagnosis And Management Of SLE In Africa	Dr Paruk F
1215hrs -1230hrs	Relative Frequencies And Determinants Of ACPA And RF Among Blood Donors In The City Of Kinshasa	Dr Jenny Mbuyi
1230hrs - 1300hrs	Discussion	Chair/All Presenters
1300hrs – 1400hrs	Lunch	
Plenary		
Session Chairs- Prof Omondi Oyoo/ Dr Sophia Dokwe		
1400hrs – 1420hrs	Work Productivity And Activity Impairment In Rheumatoid Arthritis Patients Attending A Clinic In Nairobi, Kenya	Dr Eugene Genga
1420hrs – 1440hrs	Clinico-Epidemiological Pattern Of Rheumatic Diseases Seen In A Tertiary Hospital In Southern Nigeria.	Dr Agun-Ebreme
1440hrs- 1500hrs	Rheumatic Manifestations Of Viral Hepatitis C In Africa	Prof Madeleine Ngandeu
1500hrs – 1520hrs	Do we miss Sjogren Syndrome? Real World Data \$ Practical updates	Dr Debashish Danda
1520hrs – 1540hrs	Ethnicity And Psoriatic Arthritis	Prof Adewale Adebajo
1540hrs – 1500hrs	Discussion	
1600hrs – 1630hrs	Tea Break/Exhibition/Posters	
1830hrs – 2200hrs	Social Event Gala Dinner – Safari Park Hotel, Nairobi	



AFLAR Conference Program

DAY 3 - February 25th 2023

TIMING	TOPIC	PRESENTER
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Plenary

Session Chairs - Prof Mbuyi Mwamba/Dr Angela Migowa

0830hrs - 0850hrs	Investigating Disease Activity Changes In Ghanaian Autoimmune Rheumatic Conditions Receiving Covid-19 Vaccine.	Dr Dzifa Dey
0850hrs - 0910hrs	Maritime Silk Road To Somalia	Dr Alok Iyer
0910hrs - 0930hrs	Updates On Scleroderma : Lung Disease	Prof Mohammed Tikly
0930hrs - 1000hrs	Discussion	Session Chair/all Presenters
1000hrs - 1030hrs	Tea Break/Exhibition/Posters	

Plenary

Session Chairs- Prof Asgar Kalla/ Dr Sybil Nakitare

1030hrs - 1050hrs	Residency Training – The Nigerian Program	Prof Femi Adelowo
1050hrs - 1110hrs	Delay In Diagnosis Of Axial Spondyloarthritis	Maranda Van
1110hrs- 1130hrs	Radiological Diagnosis Of Sacroilitis	Dr Kavulani Mutiso
1130hrs - 1200hrs	Understanding Mental Health In Patients With Axspa	Maranda Van
1200hrs -1230hrs	Spondyloarthritis And Autoimmune Diseases: Preliminary Study Of 23 Senegalese Cases	Dr Charifa S.
1230hrs - 1300hrs	Discussion	
1300hrs - 1400hrs	Lunch	



Theme: Rheumatology in Africa: A new Dawn

AFLAR Conference Program

TIMING	TOPIC	PRESENTER
ACR Session Session Chair - Dr Dzifa Dey/Dr Beryl Ganda		
1400hrs – 1420hrs	ADVANCES IN BIOMARKERS OF LUPUS	Dr David Karp
1420hrs - 1440hrs	Advances In Gout Treatment	Dr Ken Saag
1440hrs – 1500hrs	Highlights From Acr Convergence 2022	Prof Douglas White – ACR President
1500hrs – 1520hrs	Osteoporosis Treatment	Dr Ken Saag
1520hrs – 1540hrs	Discussion	Dr. Beryl Ganda
1540hrs - 1600hrs	Closing Remarks	Dr. Dzifa Dey

NB:
ORANGE - VIRTUAL PRESENTATION



Organizing Committee Biographies



Prof. Omondi Oyoo

MB Ch B; MMed; FACR; FACP (ECSA); FRCP(Edin); FIPH; Cert Trop Med; Clin Rheum; Cert Clin Epid

Prof. Omondi Oyoo is an Associate Professor in the Department of Clinical Medicine and Therapeutics, School of Medicine, University of Nairobi. He is also the Head of rheumatology unit at the Kenyatta National Hospital in Nairobi, Kenya.

Currently pursuing PhD in Pharmacology in the department of Pharmacy at the University of Nairobi, Prof. Oyoo received both his undergraduate and Master's Degree in Internal Medicine at the same institution. His Master's thesis focused on clinical and socio-demographic features in patients with congestive heart failure. His PhD work is looking at influencers of treatment response among patients with rheumatoid arthritis.

He obtained his fellowships and gained experience in rheumatology variously from Tel Aviv University in Israel, University of Cape town in the Republic of South Africa, Tulane University in USA and Louisiana State University in USA. He is particularly proud of having attended The Alliance High School in Kenya that instilled in him the value of serving others and the confidence to know that he could attain a professional career.

Prof. Oyoo has studied International Health as a Humphrey fellowship scholar at Tulane University in New Orleans and epidemiology at Aberdeen University in United Kingdom.

Prof. Oyoo is a practicing Rheumatologist in Nairobi and has over 100 publications in peer reviewed journals and is the author of the well regarded books, 'Understanding Arthritis' and 'Understanding Back Pain'. An avid lecturer, his CV lists over 100 presentations to audiences of all types on a wide variety of topics. He has served as the secretary and later President of Kenya Association of Physicians (KAP). He is a Past President of African League of Associations for Rheumatology (AFLAR), past chairman and member of the Executive committee of the International League of Associations for Rheumatology (ILAR), Chairman, Kenya society for rheumatology, chairman, Association for Arthritis and Rheumatic Diseases of Kenya, Founder and Chairman of Uwezo Rheumatology Foundation and the WHO Bone and Joint Decade National Action Network coordinator for Kenya. A past member of the editorial board of Rheumatology, Prof Oyoo serves as the editor-in-chief of Journal of the Kenya association of Physician; Associate editor of the African journal of rheumatology and is a member of



Organizing Committee Biographies

the editorial boards of Clinical Rheumatology and the East African Medical Journal. In the year 2022, Prof Oyoo received University of Nairobi Vice Chancellor's award of excellence for exemplary performance in the 2020/2021 staff Performance Appraisal; and was also awarded the Kenya Association of Physicians' Distinguished Service Award in recognition of his Role in promoting rheumatology and the goals of the Kenya association physicians and internal Medicine in Kenya and beyond.

In the year 2010, Prof. Oyoo was appointed the bone and joint decade ambassador by the international steering committee. The bone and joint Decade, in appreciation of his role in promoting the goals of the bone and joint decade and in recognition of distinguished professional excellence and service to colleagues and people affected by musculoskeletal disorders; and in the same year he was also proclaimed as a great mind of the 21st century by the governing board of the American Biographical Institute due to significant accomplishment within, and mastery of Rheumatology.

Prof. Oyoo is a fellow of the American college of Rheumatology, a fellow of the East and Central Africa college of Physicians, a member of the British Society for Rheumatology and a Fellow of the Royal College of Physicians of Edinburgh.

His happy space is found in his faith, his family, the hours spent outdoors with his friends, hiking and exploring nature, watching football, reading autobiographies and listening to country and classic music.



Dr Philip Likondo Simani

Founder 2nd Vice President AFLAR , Cairo, Rameses Hilton, 1989

Formerly In Charge, Kenyatta National hospital, Rheumatology Clinic 1990

Currently Consultant Physician and Rheumatologist The Nairobi Hospital and The Karen Hospital, Nairobi

Vice Chairman - Arthrheuma Society of Kenya (ARSK)



Fredrick Otieno Owuor

MBChB, MMed ,FRCP(Edin), Clinical Fellow (Rheumatology)

Assistant Professor and section head Rheumatology, Aga Khan University Hospital.

Secretary - Arthrheuma Society of Kenya (ARSK)



Organizing Committee Biographies



Dr. Sybil Khisa Nakitare

MBChB (University of Nairobi), MMed Internal Medicine (University of Nairobi),
Cert. Rheumatology (CMSA), FCP ECSA.

Assistant Secretary - Arthrheuma Society of Kenya (ARSK)



Dr Naomi Mumo

MBChB, MMED, FCP (ECSA), Clinical Fellow (Rheumatology)

Faculty- Aga Khan University Hospital

Treasurer - Arthrheuma Society of Kenya



DR EUGENE KALMAN GENGA

MBChB, MMED (internal medicine), clinical fellowship rheumatology

Member of ACR, BSR, ECSACOP

Organizing Secretary - Arthrheuma Society of Kenya (ARSK)



Organizing Committee Biographies



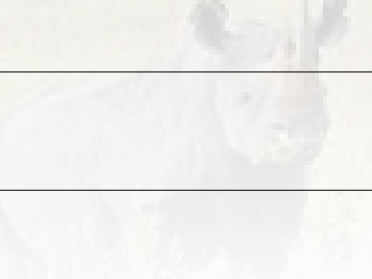
Dr. Angela Migowa

Founding President of the Paediatric Society of the African Society of the African League Against Rheumatism (PAFLAR)

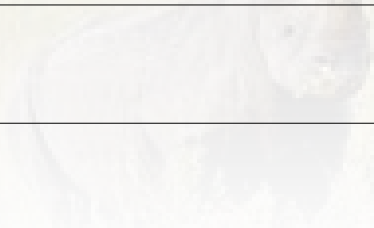
Postdoctoral fellowship in Pediatric Rheumatology at McGill University Health Centre, Montreal Canada

Masters in Paediatrics and Child Health (AKUH)

Committee Member- Arthrheuma Society of Kenya (ARSK)



NOTES





Event Organizers:

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